



# Goose Creek CISD School Health Advisory Council

## Meeting Minutes for September 26, 2023

### I. MEETING DETAILS

**Meeting Facilitator:** Amanda Kennington, SHAC Chair

**SHAC Secretary:** Ashley Cox, SHAC Secretary

**Date:** Tuesday, September 26, 2023

**Time:** 5pm-6:30pm

**Location:** GCCISD Administration Building - Board Room 4544 Interstate 10 East Baytown, TX 77521

**Type:** General Meeting - Closed to Public

### II. CALL TO ORDER

Meeting called to order by SHAC Chair - Mrs. Kennington - **5:11pm**

### III. ATTENDANCE

**Quorum met.** 39/50 appointed members present at roll call and 2 additional present after roll call for a total of 41/50 members total in attendance. 7 invited guests. 48 total in attendance.

1. Tanya Alexander	2. Allison Halladay	3. Maria Ramirez
4. Natalie Arteaga	5. Jesse Hardin	6. Anna Rodriguez
7. Yolanda Bean-Brown	8. Wes Hines	9. Nawase' Sherman
10. Kimberly Brock	11. Denisse Arreola Hernandez	12. Diane Slack
13. Kelly Bush	14. LaChanda Huff	15. Tricia Times
16. Thresa Caldwell	17. Michelle Kaisley	18. Adrianne Ware
19. Amber Carter	20. Amanda Kennington	21. Kevin Wroblewski
22. Kristyn Cathey	23. Kim Kosteck	
24. Sam Chapa	25. Joel Kunz	• <b><u>Guests:</u></b>
26. Patricia Cheshire	27. Rachel Lathan	➤ Camryn Kotlarz
28. Ashley Cox	29. Wendy Martinez	➤ Angela Dunson
30. Valencia Davis	31. Preston Miller	➤ Kristin Reyes
32. Rhett Dobberstein	33. Mirtha Morales	➤ Carrie Smith
34. Natalie Edwards	35. Stephanie Myers	➤ Bruce Cortez
36. Sandra Encinas	37. Melissa Ornelas	➤ Yasmin Lozano

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38. Pavandeep Kaur	39. Patricia Pena	➤ Harry Allen
40. Codie Ieshia Marie Guillory	41. Sarah Prewitt	

#### IV. COMMUNITY CORRESPONDENCE

Resignation of appointed member, Lorraine Joseph, Campus Representative was shared with members bringing the total of Board of Trustees appointed 2023-2024 SHAC members from 51 to 50 (28 Parent Representatives; 19 GCCISD Employees; 3 Community Organization Representatives).

#### V. BUSINESS FROM PREVIOUS YEAR

SHAC Officers celebrated accomplishments from the 2022-2023 school year.

- Ana Rodriguez was honored for serving as the 2022-2023 SHAC Secretary.
- Thresa Caldwell, Natalie Edwards, Kim Kosteck, Lee Martinez, Stephanie Myers, Patricia Pena and Kevin Wroblewski were honored for 3-Years of Service for volunteering to serve on the SHAC.
- Bruce Cortez, Joel Kunz, Camryn Kotlarz, and Kristin Reyes were honored with a plaque provided by the Athletics department " in recognition of their outstanding performance and commitment to achieving excellence resulting in growing leaders in GCCISD."
- Coordinated School Health (CSH) data compiled from 2022-2023 can be found below and Amanda Kennington will share meeting slides with Council members:  
CATCH Program (K-8th grade)

★ 27 CATCH Family Nights hosted at 26 campuses with approx. 4,348 attendees

★ 67% of K-8th grade campuses had 50% of eligible staff respond to the CATCH Implementation Surveys

★ 9 trainings were conducted to sustain CATCH Implementation w/ 307 staff trained

★ 14 PE teachers participated in training cohort and district SHAC

○ cohort presented at campus, district and the state level to build comprehensive school physical activity efforts

★ 68% of eligible K-5 classroom teachers reported teaching 1 or more CATCH Nutrition lessons each grading period to an estimated 10, 064 students

★ 90% of 6-8 PE teachers reported teaching 1 or more CATCH Nutrition lessons each grading period to an average of 2,305 students

★ GCCISD completed evaluation of CATCH using Champion (2-point surveys); SPAN surveys; SOFIT; & Fitnessgram data

##### General Wellness

##### ➤ Active Recess

- 3 additional (4 total) elementary schools implemented recess plan
- 260 recess supervisors trained
- Be Well™ Baytown funded paint supplies, recess equipment and infrastructure

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- 2023 S-PAPA data: 80% of all elementary schools reported they are providing 15-20 min of daily recess (up 24% from 2022)
- 12 GCCISD campuses earned the 2023 GCCISD Whole Child Wellness Award
- An announcement was made to honor Alamo Elementary, Harlem Elementary, and IMPACT Early College schools who earned recognition and were added to the list of 2023 America's Healthiest Schools sponsored by Alliance for Healthier Generation!

## VI. NEW BUSINESS

New 2023-2024 SHAC Officers were seated as a result of the vote approved at the April 18, 2023 General SHAC meeting so that the process of a timely flow of information and business could be taken in the transition to the new school year. David Reed will serve a second term as the SHAC Parent Co-Chair and Ashley Cox will serve as SHAC Secretary for 2023-2024. The 2022-2023 SHAC Membership approved the meeting minutes from the April 18, 2023 meeting minutes via virtual vote therefore there were no action items to be addressed.

Next, Mrs. Kennington shared that the Standing Subcommittees serve as the SHAC's decision-making process. They are the focal point for SHAC activity. They gather information, analyze available data, make recommendations to the full SHAC and may develop these information items into action items. District Executive Leaders shared information about some of the recommendation areas and activities from their component area and SHAC members took some time to structure and schedule subcommittees and worked briefly to identify areas for action.

Leadership roles were established for SHAC Subcommittees

- SC Parent Co-Chairs were nominated as follows: **Kristyn Cathey (Family Engagement & Community Involvement); Jesse Hardin (Nutrition Services); Anna Rodriguez (Health Ed/PE & Physical Activity); Kimberly Brock (Employee Wellness/Health Services/Mental & Behavioral Health).**
- SC Secretaries were nominated as follows: **Sarah Prewitt (Nutrition Services); Allison Halladay (Health Ed/PE & Physical Activity); Nawase' Sherman (Family Engagement & Community Involvement); LaChanda Huff (Employee Wellness/Health Services/Mental & Behavioral Health)**

Subcommittees discussed celebrations, concerns, considerations, and curiosities regarding areas to be addressed based on community member shared thoughts.

- Areas members feel should be celebrations are: annual training from BACODA and access to Narcan; Start with Hello; getting resources to parents and at a time that fits their needs; the cafeteria menu is more diverse; It's Time Texas Community Challenge participation increased
- Concerns members shared that they would like addressed this year are: communication and participation from caregivers and schools ensuring all staff are aware and act when they see students needing guidance; learn more features of It's Time Texas Community app; more exercise, more PE time, good habits; lunch times too short
- Items to be considered down the road are: more trainings; use Parent Square to promote It's Time Texas Community Challenge; change discipline in cafeteria; health education, vaping
- Members shared that they would like to learn more about: collaborate with City of Baytown to promote It's Time Texas Community Challenge and improve community involvement for It's Time Texas Community Challenge; rewards for healthy eating; rewards for healthy eating

## VII. GOOD OF THE ORDER

SHAC Secretary shared some announcements:

- TX Action for Healthy Kids Fall Summit hosted virtually October 24-25
- Save the Date for the It's Time Texas SHAC Workshop on Wednesday, November 1 at 2:30pm.

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- The district will also be providing educational opportunities for students, staff and the community during Red Ribbon Week October 23-27.
- Be sure to follow GCCISD Social Media and download the Parent Square app to learn more.
- GCCISD Community Fall Festival - November 4th @ GCM High School
  - Sam Chapa and Family & Community SC will sign up to host a booth and register individuals for the It's Time Texas Community Challenge ([sam.chapa@gccisd.net](mailto:sam.chapa@gccisd.net))
  - Amanda Kennington shared that campus C-SHAC's can get involved by providing physical activity booths, mascot participation, and presenting a performance. Contact [amanda.kennington@gccisd.net](mailto:amanda.kennington@gccisd.net) for more information.
  - Vendors can contact [stephanie.myers@gccisd.net](mailto:stephanie.myers@gccisd.net) to provide health resources
- Members that have agenda topics that they would like addressed can email [SHAC@gccisd.net](mailto:SHAC@gccisd.net) and/or discuss concerns during the upcoming subcommittee meetings.
- The next SHAC General Meeting will be held on November 28, 2023, 5-6:30pm at the GCCISD Administration Building.

#### VIII. ADJOURN

Meeting adjourned by SHAC Chair - Mrs. Kennington - **6:16pm**

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